

Moms Physician Website Policies

Privacy Policy • Terms of Use • Cookie Policy • Notice of Privacy Practices

Last Updated: September 21, 2026

www.momsphysician.com

These policies apply to the Moms Physician website and related online services. Clinical services, concierge memberships, telehealth, house calls, prescriptions, laboratory testing, and other healthcare services may also be subject to separate patient agreements, informed-consent documents, membership terms, financial policies, and practice policies.

PRIVACY POLICY

Moms Physician respects your privacy and is committed to protecting the personal information you provide when using our website, requesting services, or communicating with us online.

Information We Collect

When you use our website, sign up for updates, request information, request or schedule an appointment, purchase or inquire about a concierge membership, or use an outside scheduling or payment service, we may collect information such as your name, email address, telephone number, mailing address, appointment information, membership information, and other information you voluntarily provide.

We may also automatically receive limited technical information about website use, such as browser type, device type, pages visited, referring pages, and general website traffic information.

Health Information

Moms Physician provides healthcare services. Information collected as part of clinical care may include medical history, medications, symptoms, diagnoses, laboratory information, treatment information, and other health information. When protected health information is created, received, maintained, or transmitted in connection with healthcare services, it is handled in accordance with applicable privacy laws, including HIPAA when applicable.

Our HIPAA Notice of Privacy Practices appears later in this document and describes how protected health information may be used or disclosed and explains your rights regarding that information.

Newsletter and General Website Forms

You may have the option to sign up for newsletters or general updates by providing information such as your name and email address. Please do not include diagnoses, symptoms, medications, medical records, or other sensitive health information in newsletter forms, general contact fields, or other general website submissions unless we specifically instruct you to do so through an appropriate clinical process.

Scheduling, Membership, and Payment Services

We may use third-party companies to provide services such as appointment scheduling, membership enrollment, payment processing, forms, communications, website hosting, or other practice functions.

Information you provide directly to those companies may also be governed by their own privacy policies and terms.

Moms Physician does not need or intend to store complete payment-card information on this website when payment information is processed by a third-party payment processor.

How We Use Information

- Respond to inquiries and appointment or membership requests.
- Communicate with prospective and current patients or members.
- Provide, coordinate, document, and improve healthcare services.
- Process scheduling, membership administration, and payments.
- Communicate about prescriptions, laboratory testing, referrals, or other care when appropriate.
- Maintain website security, functionality, and general website performance.
- Send newsletters or nonclinical updates when you have requested or permitted them.
- Comply with legal, regulatory, professional, or contractual obligations.

Sharing of Information

Moms Physician does not sell your personal information.

We may share information with service providers that assist us in operating the website or practice, with healthcare professionals or organizations involved in your care when legally permitted, when necessary to provide requested services, or when disclosure is otherwise permitted or required by law. Protected health information is subject to the additional protections described in our Notice of Privacy Practices.

Email, Text, and Electronic Communication

Email, text messaging, and other electronic communications may not always be completely secure. By choosing to communicate electronically, you acknowledge the ordinary privacy risks associated with electronic communication. Clinical communications may be subject to additional practice policies and consent requirements.

Do not use email, text, website forms, or concierge messaging for emergencies.

Children's Privacy

Moms Physician is designed primarily for adult patients and mothers. The website is not intended for children under age 13 to independently provide personal information. Parents or legal guardians should communicate on behalf of younger children when family-related healthcare questions or services are involved.

Data Security

We use reasonable administrative, technical, and organizational safeguards designed to protect personal information. However, no website, electronic communication system, or method of internet transmission can be guaranteed to be completely secure.

External Links and Embedded Content

Our website may contain links to or embedded content from third-party websites, scheduling systems, payment processors, video platforms, social media services, laboratories, pharmacies, or other services. Moms Physician does not control the privacy practices of those third parties.

Changes to This Privacy Policy

We may update this Privacy Policy periodically. The current version will be posted with a revised “Last Updated” date.

Contact Us

Moms Physician

44075 Pipeline Plaza, Suite 110

Ashburn, VA 20147

Phone: (703) 988-5433

Email: info@momsphysician.com

Website: www.momsphysician.com

TERMS OF USE

Effective Date: September 21, 2026

By accessing or using www.momsphysician.com, you agree to these Terms of Use.

Informational Purposes

Website content is provided for general educational and informational purposes. It is not a substitute for an individualized medical evaluation and should not be relied upon as personal medical advice, diagnosis, or treatment.

No Doctor-Patient Relationship From Website Use Alone

Using this website, reading website content, sending a general inquiry, signing up for a newsletter, or requesting an appointment does not by itself establish a doctor-patient relationship. A clinical relationship begins only after Moms Physician has accepted you for care and appropriate clinical services have begun.

Emergencies and Urgent Situations

The Moms Physician website, email, text messaging, scheduling tools, and concierge communication channels are not emergency services. If you are experiencing a medical or psychiatric emergency, call 911, go to the nearest emergency department, or call or text 988 for the Suicide & Crisis Lifeline when appropriate.

24/7 Physician Access

If a membership tier advertises 24/7 physician access, that benefit is subject to the applicable membership terms, clinician availability, scope of practice, geographic and licensure requirements, and clinical appropriateness. It does not mean that emergency response is guaranteed, that a physician will respond instantaneously in every circumstance, or that concierge access should replace emergency medical services.

Appointments, Memberships, and Availability

Submitting a request, purchasing or requesting a membership, or selecting a service does not guarantee acceptance as a patient, a particular appointment time, a specific clinician, a house call, a particular response time, or availability of a specific service. Services and membership benefits may change and may be subject to separate written terms or policies.

Clinical Judgment and Prescriptions

All medical services are subject to independent clinical judgment. No website description, membership tier, appointment, or payment guarantees a diagnosis, prescription, refill, laboratory order, imaging order, referral, procedure, controlled substance, GLP-1 medication, cosmetic or dermatologic treatment, fertility-related service, hormone-related treatment, or any other specific intervention. A clinician may decline, change, discontinue, or refer care when medically or legally appropriate.

Medication Refills

Any advertised refill timing describes a service goal rather than a guarantee. Refills depend on clinical appropriateness, medication type, applicable law, pharmacy requirements, follow-up requirements, and whether additional assessment is needed. Patients are responsible for requesting routine refills with enough time to avoid running out of medication.

Telehealth and House Calls

Telehealth services are available only where the treating clinician is legally permitted to practice and where telehealth is clinically appropriate. House calls are subject to geographic location, clinician availability, safety, clinical appropriateness, and the applicable membership or service terms.

Wellness, Weight, Skin, Hair, Fertility, Sexual Health, and Other Services

Descriptions of wellness, weight management, skin and hair care, fertility evaluation, sexual health, women's health, energy-related services, and similar offerings are general descriptions. Eligibility, testing, treatment, medication, expected results, and follow-up depend on the individual patient and applicable clinical standards. Results cannot be guaranteed.

Third-Party Services

Our website may link to outside services for scheduling, payment processing, laboratories, pharmacies, forms, video hosting, or other functions. Those services may have their own terms and privacy policies. Moms Physician is not responsible for the security, availability, or independent practices of third-party websites or systems.

Privacy

Personal information submitted through the website is addressed in our Privacy Policy. Protected health information associated with healthcare services is governed by our Notice of Privacy Practices and applicable law.

Intellectual Property

Unless otherwise indicated, original website text, graphics, videos, educational materials, branding, and other content are owned by or licensed to Moms Physician or the applicable content creator and may not be copied, republished, sold, or commercially distributed without permission except as permitted by law.

Accuracy of Information

We make reasonable efforts to keep website information current. Healthcare guidance, laws, services, prices, membership benefits, clinician availability, medication availability, and practice policies may change. Website content is not guaranteed to be complete, error-free, or current at all times.

Limitation of Liability

To the extent permitted by law, Moms Physician is not responsible for indirect or consequential damages arising solely from reliance on general website information, inability to access the website, or use of independent third-party websites or services. Nothing in these Terms limits any right or responsibility that cannot legally be limited.

Changes to These Terms

We may revise these Terms of Use periodically. Updated terms will be posted with a revised effective date.

Governing Law

These Terms are governed by applicable federal law and the laws of the Commonwealth of Virginia.

Contact

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44075 Pipeline Plaza, Suite 110
Ashburn, VA 20147
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Email: info@momsphysician.com
Website: www.momsphysician.com

COOKIE POLICY

Effective Date: September 21, 2026

This Cookie Policy explains how Moms Physician may use cookies and similar technologies on www.momsphysician.com.

What Are Cookies?

Cookies are small files or similar technologies that may be stored on your computer, phone, or other device when you visit a website. They can help websites function properly, remember preferences, improve security, understand general website usage, or support embedded features.

Cookies We May Use

- **Essential cookies:** support basic website operation, security, navigation, and functionality.
- **Preference or functional cookies:** may remember settings or enable optional website features.
- **Analytics cookies:** if enabled, may provide general information about website traffic and performance.
- **Third-party technologies:** may be used by embedded videos, forms, scheduling tools, payment providers, social media features, or other outside services.

Health Information and Tracking Technologies

Moms Physician does not intend to use cookies or tracking technologies to disclose protected health information for advertising or marketing purposes. Do not enter diagnoses, symptoms, medications, treatment information, or other sensitive health information into general newsletter forms, general contact fields, or other nonclinical website fields.

When online technologies receive protected health information in connection with healthcare services, any use or disclosure of that information must comply with applicable privacy law.

Scheduling and Payment Services

If you use a third-party scheduling, membership, payment, video, or other service, that provider may use its own cookies or similar technologies according to its own privacy policy.

Your Cookie Choices

Most browsers allow you to block, limit, or delete cookies. Blocking certain cookies may interfere with website functionality. If the website provides a cookie preference or consent tool, you may use that tool to manage available choices.

Changes to This Cookie Policy

We may update this Cookie Policy as our website, technology, or service providers change. The current version will be posted with an updated effective date.

Contact

Moms Physician

Email: info@momsphysician.com

Website: www.momsphysician.com

NOTICE OF PRIVACY PRACTICES

Moms Physician

Effective Date: September 21, 2026

YOUR INFORMATION. YOUR RIGHTS. OUR RESPONSIBILITIES.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Your Rights

- Get an electronic or paper copy of your medical record.
- Ask us to correct your medical record.
- Request confidential communications.
- Ask us to limit certain uses or disclosures.
- Get a list of certain disclosures of your information.
- Get a paper copy of this notice.
- Choose someone to act for you.
- File a complaint if you believe your privacy rights have been violated.

Get a Copy of Your Medical Record

You can ask to see or receive an electronic or paper copy of your medical record and other health information we maintain about you. We will provide a copy or summary as required by law, generally within 30 days of your request. A reasonable, cost-based fee may apply when permitted by law.

Ask Us to Correct Your Medical Record

You can ask us to correct health information that you believe is incorrect or incomplete. We may deny certain requests when permitted by law, but we will explain the denial in writing.

Request Confidential Communications

You can ask us to contact you in a specific way, such as only at a particular phone number or address. We will accommodate reasonable requests.

Ask Us to Limit What We Use or Share

You can ask us not to use or share certain health information for treatment, payment, or healthcare operations. We are not required to agree to every request. If you pay for a healthcare service or item out of pocket in full, you may ask us not to share information about that service or item with your health insurer for payment or healthcare operations, and we will honor that request unless a law requires us to share the information.

Get a List of Certain Disclosures

You can ask for an accounting of certain disclosures of your health information for the six years before the date of your request. The accounting generally does not include disclosures for treatment, payment, healthcare operations, or certain other disclosures excluded by law. One accounting in a 12-month period is generally provided without charge; a reasonable cost-based fee may apply to additional requests.

Get a Copy of This Notice

You can ask for a paper copy of this notice at any time, even if you agreed to receive it electronically.

Choose Someone to Act for You

If someone has legal authority to act for you, such as a legal guardian or a person with appropriate healthcare authority, that person may exercise applicable privacy rights on your behalf. We may verify that authority before taking action.

File a Complaint

You may complain to Moms Physician if you believe your privacy rights have been violated. You may also file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights. We will not retaliate against you for filing a complaint.

Your Choices

For certain health information, you can tell us your choices about what we share. For example, you may have choices about sharing information with family members, friends, or others involved in your care or payment for your care. If you are unable to communicate your wishes, we may use professional judgment and applicable law to determine whether a disclosure is in your best interest or is needed to lessen a serious and imminent threat to health or safety.

Written Authorization

We will obtain your written authorization for uses or disclosures when required by law, including certain uses of psychotherapy notes, certain marketing activities, and the sale of protected health information. You may revoke an authorization in writing, subject to applicable legal limitations.

How We Typically Use or Share Health Information

Treat You

We may use your health information and share it with other healthcare professionals who are treating you or helping coordinate your care when legally permitted.

Run Our Practice

We may use and share health information to operate the practice, improve care, manage services, contact patients when necessary, conduct quality-improvement activities, and perform other lawful healthcare operations.

Bill for Services

We may use and share health information as needed for payment, billing, payment processing, superbills, or other lawful financial activities related to healthcare services.

Other Permitted or Required Uses and Disclosures

We may use or disclose health information when permitted or required by law for purposes such as public health and safety, reporting certain adverse events, reporting suspected abuse or neglect, health oversight, research when legal requirements are met, workers' compensation, law-enforcement or government requests, court or administrative proceedings, medical examiner or funeral director activities, organ or tissue donation matters, or other legally authorized purposes.

Mental Health, Reproductive Health, and Other Specially Protected Information

Some categories of health information, including certain mental health, reproductive health, substance use disorder, genetic, HIV-related, or other sensitive information, may receive additional protection under federal or Virginia law. We will follow any law that provides greater privacy protection than the general rules described in this notice.

Substance Use Disorder Records

To the extent that we create or maintain substance use disorder patient records that are subject to 42 CFR Part 2, those records receive additional federal protections. We will not use or disclose Part 2 records in civil, criminal, administrative, or legislative investigations or proceedings against you unless permitted by applicable law, including when supported by your written consent or the required court order and subpoena.

Our Responsibilities

- We are required by law to maintain the privacy and security of protected health information.
- We must follow the duties and privacy practices described in the current version of this notice.
- We will notify affected individuals when a breach requires notification under applicable law.
- We will not use or share protected health information other than as described in this notice unless you authorize us in writing or another law permits or requires the use or disclosure.

Changes to This Notice

We may change the terms of this notice and make the revised notice apply to health information we already maintain. The current notice will be available upon request and posted on our website.

Privacy Contact

Privacy Officer: Stephanie Waggel, MD
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